

Dan Minnucci

Event

Date	60	100	200	300	400	600	800	1500	1609	Notes
12/10/2013		12.13	25.6							
16/11/2013		13.54								Injury
30/11/2013							2.26.47			
11/01/2014							2.15.80			
18/01/2014					55.39		2.09.10		5.05.01	
27/01/2014		12.7	26.33							First real race post injury
05/02/2014						1.31.34				
08/02/2014		12.36			54.66					
15/02/2014					53.13					
01/03/2014		12.21	25.28		53.42					
15/03/2014	7.77		24.68							
28/03/2014			24.47		54.46					

Best Results

Time	7.77	12.13	24.47	53.13	1.31.34	2.09.10	5.05.01
Date	15/03/2014	12/10/2013	28/03/2014	15/02/2014	05/02/2014	18/01/2014	18/01/2014
Race #	1	1	5	3	1	3	1
IAAF Points		584	618	706		565	424

General Considered Calculations

100 to 200	12.13
Double + .25 sec	24.51
200 to 400	24.47
Double + 10%	53.83
Double + 4 sec	52.94
400 to 200	53.13
(400-10%)/2	24.15
(400-4sec)/2	24.57